



## **SHOPPING FOR THE TROOPS**

**PERSONAL HYGIENE ITEMS:** High Quality Razors, Deodorant, Shower Gels, Body Lotion, Shampoo/Conditioner (*smaller sizes*), Mouth Wash, Foot Powder, Foot Sprays, Sun Screens, Chap stick, Eye Wash, Ibuprofen, Mucinex, Icy Hot/Cold Patches Dental Floss, Baby Wipes

**POCKET SIZED FOOD AND SNACKS:** Healthy Snacks, Such As Beef Jerky, Protein Bars, Granola Bars, Nuts, (Roasted Peanuts, Cashews Almonds, Etc.), Sun Flower Seeds, Fruit Snacks, Girl Scout Cookies (Favorite), Instant Soup Mixes, Ramen Noodles

**CANDY AND GUM:** Brand Name Chewing Gum, Life Savers Rolls, Hard Candy or Heat Tolerant Candy like Swedish Fish, Skittles, Individually Wrapped Licorice, Airheads

**POCKET SIZED POWDERED DRINKS:** Propel Powder Packs, Protein Drinks Powder, packets Hot Chocolate, Instant Coffee, Lemonade, Emergen-C, ,

**MISCELLANEOUS:** Quart And Gallon Sized Ziploc Bags, Stationary, Envelopes, Dice, Hacky Sacks, Travel-Sized Games, And Socks.

**CARDS AND LETTERS EXPRESSING THANKS!** Great School or Community Project!

**ATTENTION: FAMILIES OF TROOPS DEPLOYED OVERSEAS:** Please contact us with their address and cut-off shipping dates so we can mail them.

***NO AEROSOLS, BATTERIES, CD'S MAGAZINES, DVD'S, OR LIQUIDS PLEASE!***

Any Questions, contact  
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**FOR MORE INFORMATION:  
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